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# **THE WAY of the CROSS** *for students*



The original celebration of **The Way of the Cross** was prepared by three students from St. Joseph-Scollard Hall, North Bay. NOCCC acknowledges the work in producing this document and has revised it and continues to use it for our elementary students. We would like to thank these young adults who gave their time to produce and sketch, **The Way of the Cross, for students in 2004**. Thank you **Elizabeth Sutheran**, Grade 10, **Jesse George**, Grade 12, **Thomas Sutheran**, Grade 12

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# Ontario Catholic School Graduate Expectations

## THE GRADUATE IS EXPECTED TO BE:

a discerning believer,

an effective communicator,

a reflective, creative and holistic  
thinker,

a self-directed, responsible,  
lifelong learner,

a collaborative contributor,

a caring family member, and

a responsible citizen.

*All the trees of the field shall know that I am The Lord. (Ezekiel 17:24)*

# Personal Prayers



# PRAYERS FOR STUDENTS

*Prayer is both a gift of grace and a determined response on our part.*

*Catechism of the Catholic Church, Par. 2725*

## MORNING OFFERING TO THE SACRED HEART

O Jesus, through the Immaculate Heart of Mary, I offer you all my prayers, works, joys and sufferings of this day. For all the intentions of your Sacred Heart, in union with the Holy sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all who unite with me in honoring your Sacred Heart and for the particular intentions of our Holy Father. Amen.

## PRAYER BEFORE EXAMS

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created and you shall renew the face of the earth. O God, who by the light of the Holy Spirit, instructed the hearts of the faithful, grant by the gifts of the same Spirit we may be always truly wise and rejoice in his consolation through Christ our Lord. Amen

## ACT OF CONTRITION

O my God, I am heartily sorry for having offended you. I detest all my sins because I dread the loss of heaven and the pains of hell, but most of all because I have offended you, my God, who are all good and deserving of all my love. I firmly resolve with the help of your grace to confess my sins, to do penance and to amend my life. Amen.

*Because God blesses the human heart, it can in return bless him who is the source of every blessing. Catechism of the Catholic Church, Par. 2645*



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**Northwest Catholic District School Board**

**Sudbury Catholic District School Board**

**Superior North Catholic District School Board**

**Thunder Bay Catholic District School Board**



# *Personal Reflections*

“Lord, teach us to pray, as John taught his disciples.” Luke 11:1

Our Father who art in heaven,  
hallowed by thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in  
heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass  
against us,  
and lead us not into temptation,  
but deliver us from evil.

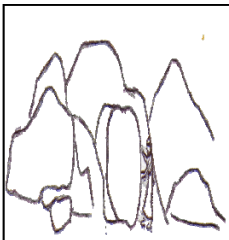


## THE FOURTEENTH STATION: JESUS IS LAID IN THE TOMB

*We adore you, O Christ, and we bless you.  
Because by your holy cross, you have redeemed the world.*

LEADER:

When Jesus knew that all was now finished, He said, "I am thirsty." A jar full of sour wine was standing there. They put a sponge full of the wine on a branch of hyssop and held it to his mouth. When Jesus had received the wine, he said, "It is finished." Then he bowed his head and gave up his spirit.  
(John 19: 28-30)



LET US PRAY:

Jesus, remember me when you come into your kingdom. Teach me to die to selfishness and greed so that I may share eternal life with you.  
CHRIST HAVE MERCY

LET US PRAY:

Lord, teach me through the agony of the cross to become more humble in my life. Teach me gratitude for the air I breathe, the food I eat and the love I feel each day just by being alive. Fill my heart with faith, hope and love until the day comes when I will sit at the banquet of life in your kingdom that has no end. CHRIST HAVE MERCY



## OPENING PRAYER:

Bless us, O Lord, as we journey with your Son to his death. Send down your Spirit to fill our hearts with the understanding that your Son died so that we might share eternal life with him.

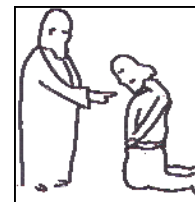
Teach us as we walk these fourteen stations with your Son to learn the precious gift of trust in you. Teach us Lord to ***“do justice, and to love kindness, and to walk humbly with our God.”*** (Micah 6:8)

## THE FIRST STATION: JESUS IS CONDEMNED TO DEATH

*We adore you, O Christ, and we bless you.  
Because by your holy cross, you have redeemed the world.*

LEADER:

Pilate wanted to release Jesus, but the people shouted, "Crucify Him, Crucify Him, and their voices prevailed. Pilate gave his verdict that their demand should be granted, and he handed Jesus over as they wished." (Luke 23: 20-25)



LET US PRAY:

Jesus, we are all guilty of unjustly condemning our neighbours, our peers, our parents and friends. Each time I find fault in any of these, I condemn you through them. LORD HAVE MERCY

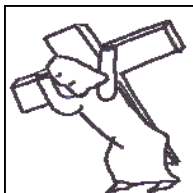


## THE SECOND STATION: JESUS IS MADE TO CARRY HIS CROSS

*We adore you, O Christ, and we bless you.  
Because by your holy cross, you have redeemed the world.*

LEADER:

The soldiers took Jesus' clothes and forced him to wear a scarlet cloak. They placed a crown of thorns on his head and placed a reed in his hand. They spat on him and made fun of him, then led him away to be crucified.



LET US PRAY:

Christ, you were unjustly condemned to die. You were stripped of your dignity, yet you did not refuse your cross. Forgive me for the times I have refused to accept the crosses you have sent me. Forgive me for the times I have walked away because I just didn't care to listen when others tried to direct me. CHRIST HAVE MERCY

## THE THIRD STATION: JESUS FALLS THE FIRST TIME

*We adore you, O Christ, and we bless you.  
Because by your holy cross, you have redeemed the world.*

LEADER:

The weight of the cross has caused you to fall. The burden of our sins is almost too much to bear. You rise again and go on to certain death.



LET US PRAY:

Christ, I too fall often in my attempts to succeed. Help me to learn from the example of the cross to rise again with courage from the pitfalls in my life. LORD HAVE MERCY

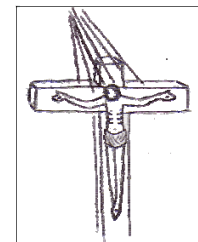


## THE TWELFTH STATION: JESUS DIES ON THE CROSS (All Kneel)

*We adore you, O Christ, and we bless you.  
Because by your holy cross, you have redeemed the world.*

LEADER:

A rich man from Arimathea, named Joseph, who was also a disciple of Jesus, went to Pilate and asked for the body of Jesus; then Pilate ordered it to be given to him. So Joseph took the body and wrapped it in a clean linen cloth and laid it in his own new tomb, which he had hewn in the rock. He then rolled a great stone to the door of the tomb and went away. Matt. 27:57-60



LET US PRAY:

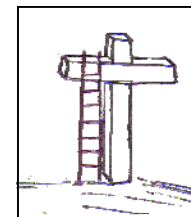
Lord, teach me through the agony of the cross to become more humble in my life. Teach me gratitude for the air I breathe, the food I eat and the love I feel each day just by being alive. Fill my heart with faith, hope and love until the day comes when I will sit at the banquet of life in your kingdom that has no end. CHRIST HAVE MERCY

## THE THIRTEENTH STATION: JESUS IS TAKEN DOWN FROM THE CROSS

*We adore you, O Christ, and we bless you.  
Because by your holy cross, you have redeemed the world.*

LEADER:

Lord Jesus, you were taken down from the cross and placed in the arms of your mother. Joseph of Arimathea placed your broken body in his own tomb.



LET US PRAY:

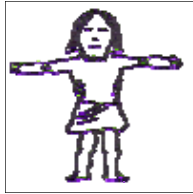
Joseph claimed your body and proclaimed his faith before others. His faith remained unshaken. Grant me the same faith Lord so that I may never deny my Catholic faith or be ashamed of my heritage. LORD HAVE MERCY

## THE TENTH STATION: JESUS IS STRIPPED OF HIS GARMENTS

*We adore you, O Christ and we bless you.  
Because by your holy cross, you have redeemed the world.*

LEADER:

Christ, you are stripped of the last of your earthly possessions. Humbly you stand while the soldiers argue over your clothes. The end is near for you and you stand before your people with complete faith in your Father.



LET US PRAY:

Forgive me Jesus for the times I have put material possessions first in my life, and the needs of others last. Strengthen my desire to change my attitude towards the poor and the needy of this world.

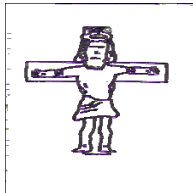
CHRIST HAVE MERCY

## THE ELEVENTH STATION: JESUS IS NAILED TO THE CROSS

*We adore you, O Christ and we bless you.  
Because by your holy cross, you have redeemed the world.*

LEADER:

The soldiers led him to the Place of the Skull and nailed him to the cross. Above the cross was written, "KING OF THE JEWS".



LET US PRAY:

Jesus, help me to see the many times I nail friends and family to the cross with my criticism. Forgive me Lord and make me strong to avoid injustice to others in the future. LORD HAVE MERCY

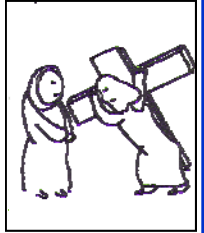


## THE FOURTH STATION: JESUS MEETS HIS MOTHER

*We adore you, O Christ, and we bless you.  
Because by your holy cross, you have redeemed the world.*

LEADER:

Blessed Mother of God how your heart must have ached at the sight of your Son; yet you stood in silence knowing he was doing the Father's will. Your courage was an example to all of us of the wondrous gift of faith.



LET US PRAY:

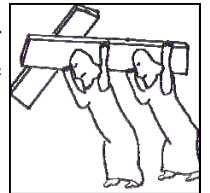
Dear Mary, give us courage in times of stress. Give us faith in times of doubt, give us Jesus as our role model as we struggle towards the finish line of life. CHRIST HAVE MERCY

## THE FIFTH STATION: SIMON HELPS JESUS TO CARRY HIS CROSS

*We adore you, O Christ, and we bless you.  
Because by your holy cross, you have redeemed the world.*

LEADER:

Christ our Brother, the weight of the cross is too much for you to bear. Simon is pushed forward to help you bear the load.



LET US PRAY:

Christ, help us to see the needs of others and willingly come forward to help. Let us never overlook how great or small the needs of others are. Bless our actions with your grace and forgive us for the times we've looked the other way. LORD HAVE MERCY

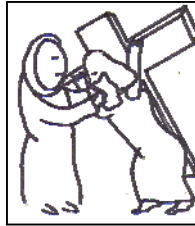


## THE SIXTH STATION: VERONICA WIPES THE FACE OF JESUS

*We adore you, O Christ, and we bless you.  
Because by your holy cross, you have redeemed the world.*

LEADER:

Veronica stepped from the crowd to wipe your face. Her small act of kindness touched your heart. She had no fear of reprisal. Silently she stepped back into the crowd.



LET US PRAY:

Jesus, teach me that even the smallest act of kindness is rewarded. Soften my heart and make me fearless. Help me to believe that it is in weakness that I am strong and in dying I am born to eternal life.

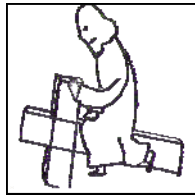
CHRIST HAVE MERCY

## THE SEVENTH STATION: JESUS FALLS THE SECOND TIME

*We adore you, O Christ, and we bless you.  
Because by your holy cross, you have redeemed the world.*

LEADER:

Even with the help of Simon you have fallen the second time. You remain silent and rise again.



LET US PRAY:

Raise us up Christ. Each time I turn away from you in sinfulness teach me to turn my heart to our loving Father and seek forgiveness. LORD HAVE MERCY



## THE EIGHTH STATION: THE WOMEN OF JERUSALEM WEEP FOR JESUS

*We adore you, O Christ, and we bless you.  
Because by your holy cross, you have redeemed the world.*

LEADER:

The crowds pressed around you and you saw the women of Jerusalem crying for you. Were they crying out of self-pity or were they aware of the full impact of your suffering?



LET US PRAY:

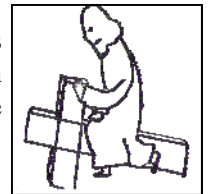
Jesus my brother, send your Spirit to fill my every day. Don't let me become so consumed with my own needs and desires that I forget to be a peacemaker. CHRIST HAVE MERCY

## THE NINTH STATION: JESUS FALLS THE THIRD TIME

*We adore you, O Christ, and we bless you.  
Because by your holy cross, you have redeemed the world.*

LEADER:

Jesus, You have fallen for the third time. Your body is broken and bleeding and even with the help of Simon your cross becomes unbearable. Once again you rise and continue your journey.



LET US PRAY:

Forgive me Christ for the many times I have fallen away from you and were reluctant to rise again in faith. Forgive me for the times I have failed to assist others when they have fallen from your saving grace.

